

**Footpath 574028** From East of Helsfell and A591 South-east to Kettlewell Crag and parish boundary with Kendal.

Length of path 0.48miles(770metres)

From wooden kissing-gate west of stone barn(Helsfell Hall)-  
-at junction with footpath 574002 (from footbridge over A591)  
(No waymarks) SD49950/93777

Walk around barn and down field to head South-east and to-  
Squeeze-stile in wall to left of barn SD50013/93840

Head to stone stile in wall corner SD50173/93722  
NO waymarks.

Then to Waymark on wall corner SD50213/93662

Through wood with wall on left- passing large metal gate and junction with footpath  
574029(from west of Windermere Road)

Keep through wood with wall on left to-  
-stone steps and metal wicket gate at wall corner SD50403/93370  
No waymarks either way. Parish boundary with Kendal.

Path joins Kendal footpath 536032 which runs between Serpentine Woods  
and Cunswick Scar.